

HAVE A HAPPY NEW YEARS RESOLUTION! AND THIS  
IS HOW... :-)

Amy Strassburg

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A New Year's resolution is a tradition, most common in the Western Hemisphere but also found In fact, the Methodist practice of New Year's resolutions came, in part, from the Lenten sacrifices. get rid of old bad habits; Improve mental well-being: think positive, laugh more often, enjoy life; Improve finances: get out of debt.

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However, I have not been granted the wisdom that will open all the doors of opportunity for you. The Bible can be a great source of guidance and encouragement during the holiday season or any new beginning that you might be facing.

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